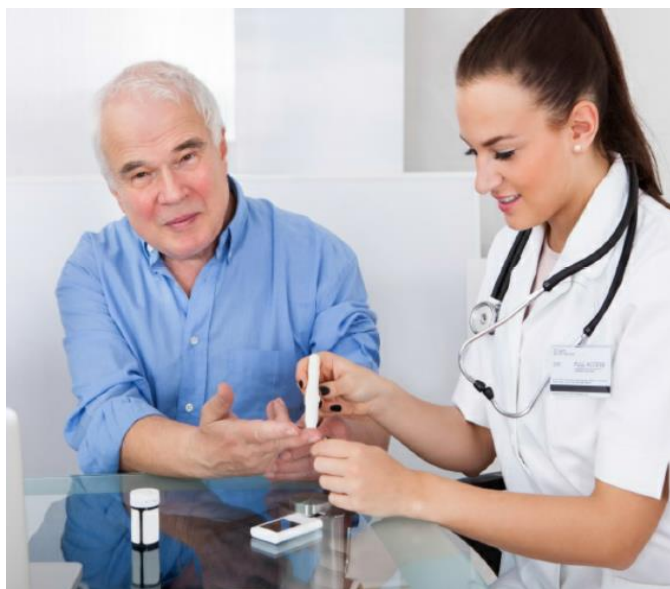


DIABETES EDUCATION PROGRAM



— **FREE** —
**Blood Sugar Checking (please
bring your health card)**

**Are you at risk for
Pre-diabetes
or
Type 2 Diabetes?**

**Is your blood sugar at
a normal level?**

**VCHC Diabetes Team's Certified Diabetes Educators are available to
answer any questions you may have about Diabetes!**

Our Services

- ✓ Brief one-on-one educational session to ask questions with our certified educators.
- ✓ Blood sugar screening for clients
- ✓ Clients are provided with various health promotion resources from Diabetes Canada, as well as other resources
- ✓ Clients are offered to visit the Vaughan Community Health Centre Diabetes Program for further follow-up and counselling for those living with pre-diabetes or type 2 diabetes

Date: May 5, 2018

Time: 10:00am to 1:00pm

**Place: Hindu Temple
Society of Canada**

Please Contact:

Mr. Raj Kidambi

Mr. Ganesan Iyer

Phone: 905-883-9109

*Please let us know if you need any specific accommodations
This flyer is available in an alternative format*



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VAUGHAN
COMMUNITY HEALTH CENTRE

Funding support provided by:



Ontario
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